



More Choice. More Control. **More Canada:** The National Food Security Strategy

June 11, 2026



Agriculture and
Agri-Food Canada

Agriculture et
Agroalimentaire Canada

Canada

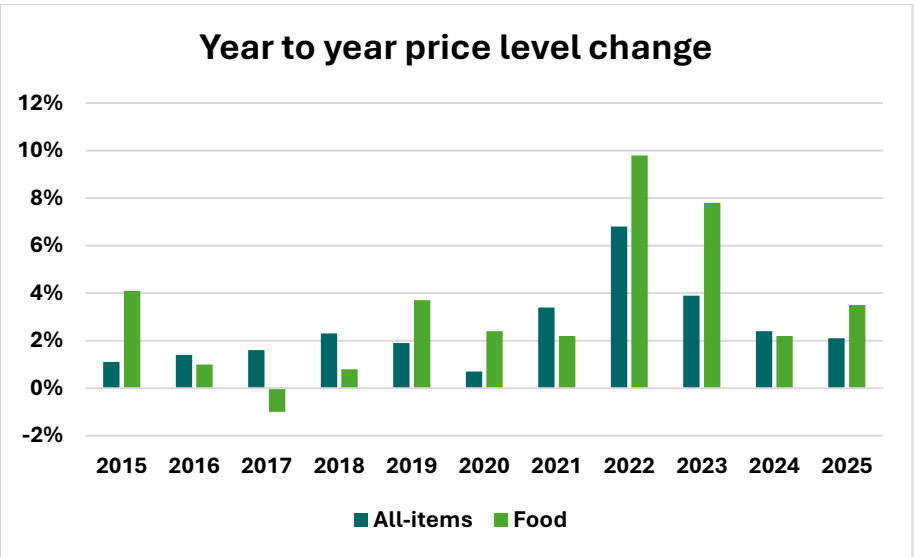


Context

In the face of rising food prices that are making it harder for many Canadians and their families to access sufficient nutritious food at an affordable price, the Government has already taken significant actions to make groceries more affordable immediately. This National Food Security Strategy goes further, with a series of new initiatives to address the structural causes of food insecurity that are affecting Canadians across the country, particularly the most vulnerable.

At the same time, global geopolitical developments are adding further pressure to food systems and prices, compounding the challenges faced domestically. The conflict in the Middle East is increasing the price of the fertilizer and fuel required to grow and transport food. A quarter of the globally traded nitrogen used in fertilizer travels through the Strait of Hormuz, while fuel and fertilizer represent more than half of the cost of producing an acre of a crop like corn. In addition, diesel price increases are making it more expensive to transport food by truck.

Figure 1: Grocery prices rose sharply and at a higher rate compared to other items following the pandemic.



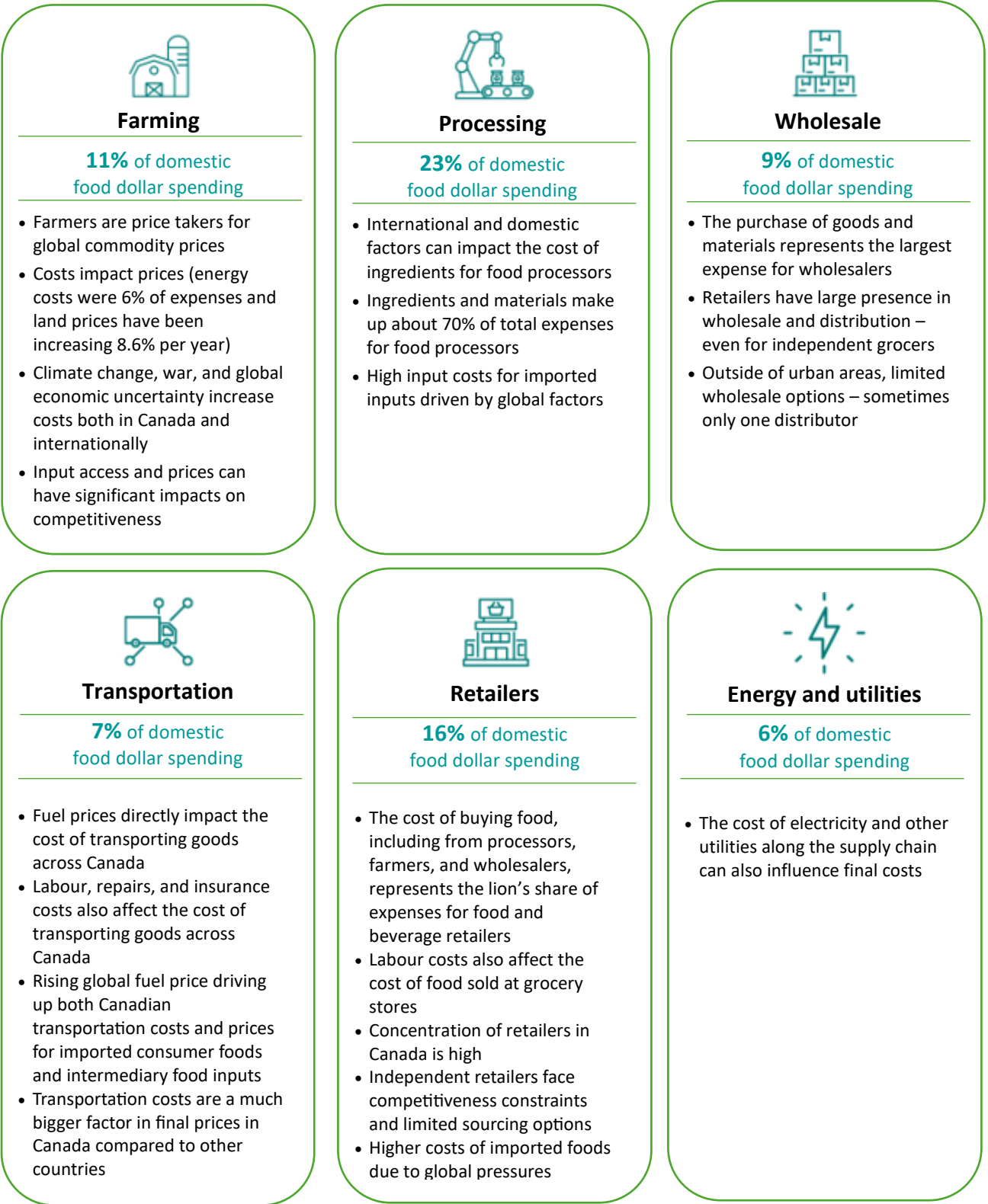
Source: Statistics Canada, 18-10-0005-01.

Canada is the world’s ninth largest exporter of agri-food products, exporting approximately \$100 billion worth annually, with wheat and processed grain products alone accounting for almost \$22 billion.

Canada is, however, also the world’s eleventh largest importer of agricultural products and agri-food. The United States is Canada’s largest agri-food trading partner, accounting for over 61% of our exports and more than half of our imports.



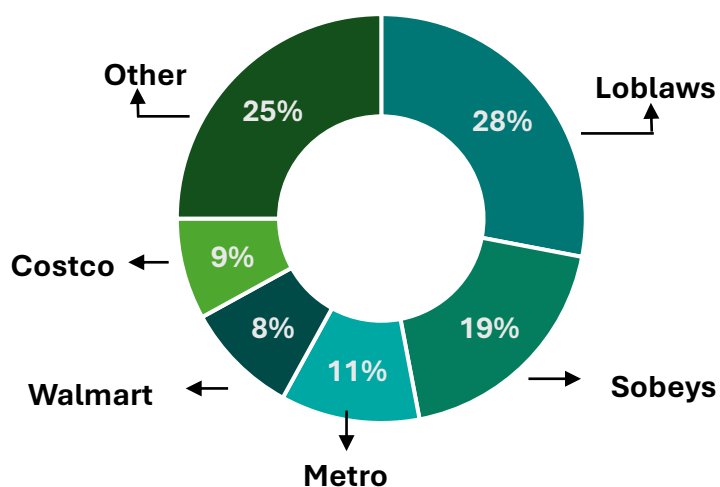
Figure 2: Food Supply Chain Elements and Pressures



*Not shown in the graphic are restaurants (28% of consumer spending). Preliminary AAFC estimates, based on Statistics Canada Supply Use Tables.



Figure 3: Concentrated grocery retail in Canada



- The top 5 grocery retailers, Loblaw, Metro, Empire (Sobeys), Walmart, and Costco account for ~75% of sales.
- Remaining sales go to regional chains, including over 6,900 independent grocers and 27,000 convenience stores
- Pattison Food Group is Canada's largest Western-based provider of food and health products
- The North West Company is the leading retailer to rural communities in northern Canada
- There is currently no prominent regional grocer in Eastern Canada

Source: Market share in 2023, based on USDA *Retail Foods Annual* (2024)" [Canada: Retail Foods Annual | USDA Foreign Agricultural Service](#)

Because of this consolidation, it is hard for smaller grocers to compete in the marketplace effectively. Restrictive real estate clauses (also called property controls) limit the types of businesses that may open on a given property. In the case of grocery stores, the large retailers may negotiate clauses that restrict other smaller grocery stores from operating on the same property, or limit specific product categories (i.e. meats, bakery, full-service groceries). In June 2023, the Competition Bureau's Grocery Market Study Report flagged property controls as a barrier that can reduce competition and make it harder for new grocery stores to open.

The Bureau formally launched an investigation on March 1, 2024. The Commissioner stated that certain lease-related restrictions may be designed to limit potential tenants and could be hampering competition in the grocery market.

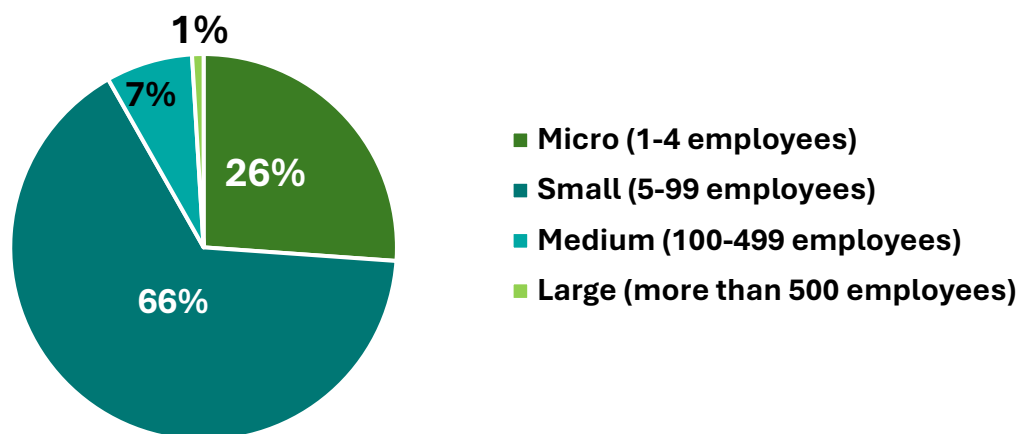
Independent grocers compete with major chains, but many also rely on the distribution networks of the major chains. This means that many independent grocers have limited options and must pay the mark-ups from larger competitors for the products they then sell to Canadians.

While concentration in the grocery sector has received recent attention, consolidation exists at all levels of Canada's food system, sometimes at the expense of producers and consumers. During public consultations, stakeholders have noted that the lack of competition was particularly concerning in markets such as fertilizers, meat processing, grain shipping, and wholesale grocery distribution.



- Micro and small firms play important roles in communities across Canada, but they also often lack access to capital to scale and expand to a national level.

Figure 4: Food and Beverage Processing Establishments by Size, 2025.



Source: Statistics Canada, Business Register.

While the food processing sector as a whole is quite large, there are areas where Canada has limited capacity. In some areas, Canadian consumption relies heavily on imported processed foods, such as for tinned and frozen fruits and vegetables, pre-packaged goods, or packaging.



Meat

- Although Canada is a leader in animal production, there is not enough domestic processing capacity to match it. As a result, Canada relies on external processing, which can raise food costs and weaken food self-sufficiency.
- For example, in 2025, 24% of live hogs and 20% of live cattle were exported to the United States. At the same time, Canada relies on imported beef (26% of consumption) and imported pork (30% of consumption) to meet demand.



Vegetable Processing

- Canada is a significant producer of vegetables, especially potatoes; however, gaps in domestic processing capacity limit the ability to fully process these products, making us more dependent on others.

- For example, Canada is a major grower of tomatoes and exporter of fresh tomatoes with over \$724 million in fresh tomato exports in 2025. At the same time, Canada imports significant quantities of processed tomato products to meet Canadian consumer demand, with over \$511 million in imported processed tomato products in 2025.
- Overall, 45% of the preserved fruit and vegetables that Canadians consume come from imports, with 58% of those imports coming from the United States.



Fish and Seafood

- Canada has a strong fish and seafood sector. In spite of this, imports of prepared and packaged seafood products exceed \$2.5 billion annually. Imports represent the majority of processed seafood consumed in Canada, despite us being a major producer of high quality seafood.
- What domestic fish and seafood processing capacity Canada does have, is highly concentrated in just a few locations. Many coastal, northern, remote, and Indigenous communities lack sufficient local processing, cold storage, and logistics infrastructure, thereby limiting domestic availability, increasing costs, and reducing self-sufficiency.

Import Dependencies



Fruit and Vegetables

- Canada is similar to countries such as Germany, Japan, or France in that climate, seasonal growing limits and agricultural specialization means that not enough fruits and vegetables are produced year-round to meet the full dietary needs and recommended consumption levels of Canadians.
 - Canadians rely on imports for 88% of the fresh fruit and nuts that they consume and 72% of vegetables, with 40% coming from the United States.
 - By comparison, the United States depends on imports only about half as much as Canada does to meet its own vegetable supply needs.
 - Together, fresh fruit and vegetables account for about 15% of average grocery spending by Canadians.

- In 2024, there were a total of 974 commercial greenhouse vegetable operations in Canada producing 866,484 metric tons of vegetables and generating \$2.7 billion in sales. This represented a 5% increase in production compared to 2023. Ontario led the greenhouse vegetable sector in 2024, representing 72% of the total production in Canada, followed by British Columbia and Quebec, with 13% and 9% respectively. Other provinces accounted for the remaining 6%.
 - Greenhouse production is, however, heavily concentrated in terms of what is grown (cucumbers, tomatoes, and peppers account for 96% of greenhouse production), where it is grown (over 85% of production takes place in Ontario and British Columbia), and where it is sold (about 71% of sales by value goes to the United States).
 - In addition, the development of new varieties suitable for growing indoors and high costs of labour and energy are key barriers limiting what is grown and where.

Regulatory approaches that increase cost and limit growth

Canada is recognized around the world as having a strong, science-based regulatory system for food. While the regulatory system does contribute to our safe food supply and access to foreign markets, delays and inefficiencies within the system can drive up costs for producers, limiting their ability to expand and reducing competition. This has implications for food security and consumer prices within Canada.

- Navigating the regulatory requirements at the federal, provincial, and municipal levels can be challenging for agriculture businesses. This results in increased costs, reduced investment incentive and production.
- Regulations are intended to correct market failures and protect the public interest in terms of safety, health, and the environment; however, if unchecked, the accumulation of regulations over time can impose costs to many businesses and drive up prices. A 2025 Statistics Canada study suggested that accumulation of federal regulatory requirements from 2006-2021 is associated with a reduction in Canadian GDP growth by 1.7% and business investment by 9%.
 - Regulatory requirements at the municipal and provincial level exacerbate the complexity of the system, further increasing costs.

- According to agri-food stakeholders:
 - This inefficiency imposes unnecessary costs when making new food products. These costs are then passed on through higher prices for consumers.
 - The regulatory processes can undermine growth without always resulting in increased health or safety benefits.

How Other Countries are Strengthening Food Self-Sufficiency

Other countries are moving aggressively to advance their own food security strategies. These countries are investing at multiple points in their supply chain. This includes investments in food processing modernization and innovation, controlled environment and precision agriculture, and distribution and transportation. Some have established clear targets for food self-sufficiency. For example:

- The Netherlands maintains one of the strongest agricultural knowledge and innovation system structures in the OECD. The €20-billion (\$32 billion CAD) National Growth Fund focuses on precision agriculture, controlled-environment production, processing, and logistics. Many of these investments are channeled through the Dutch Greenport model, which groups controlled-environment agriculture (CEA) together to leverage shared infrastructure, energy, logistics, and innovation spillovers.
- France's 2023 Fruit and Vegetable Sovereignty Plan aims to increase domestic supply by 5 percentage points by 2030 and 10 percentage points by 2035. Supported by €400 million (\$640 million CAD) in public investment over two years, these investments are complemented by policies to strengthen processing through competitiveness clusters, linking companies, researchers, and producers to major public funding streams, and improvements to food distribution via Territorial Food Projects, which align production, processing, logistics, and public procurement within regional food systems.
- Japan plans to increase its calorie-based food self-sufficiency rate from 38% to 45% by 2030 through a coordinated package of legislative reforms, smart agriculture and productivity-enhancing technologies, and scale-up of CEA. Japan is investing ¥46.72 billion (\$400 million CAD) through an agri-tech accelerator fund and complementary grants, rapidly expanding vertical and indoor farms, with the number of facilities growing by approximately 15% annually since 2020.

These strategies include clear governance and accountability, such as legislated food security strategies and reporting as a means of sustaining long-term policy focus.





As committed in Budget 2025, a distinctions-based co-development process is underway to ensure that Nutrition North Canada's reform will strengthen community-driven solutions to food sovereignty. The program previously expanded beyond a retail-based subsidy to more broadly address food security by directly funding Indigenous organizations to deliver harvesting and community food programs.

New Initiatives to have More Choice, More Control, and More Canada

The National Food Security Strategy will make food more affordable, accessible, and will ensure that more of it is produced here at home, strengthening our domestic resilience and reducing our dependence on others.

New initiatives address the structural causes undermining a reliable and dependable food supply – affecting Canadians across the country, particularly the most vulnerable.

It will improve the way food is grown, moved, and sold to create more efficient supply chains and remove unnecessary costs. It will drive productivity and innovation, creating jobs and providing more options for those who want to buy Canadian.

By doing this, it will make Canada's food system more resilient, more affordable, and more our own.

Key Performance Indicator

- Based on Canada's Food Guide, the domestically-produced share of healthy food available to Canadians will increase from 75% to 85%, by 2032.

Ensuring Competitive Prices, Choice and Affordability



Objective: Reducing the price of food for Canadian families by addressing the factors that contribute to food price inflation, including retail and wholesale concentration, large transportation costs, supply chain inefficiencies, and unnecessary regulations.

To lower food costs and provide more options to consumers the Government will establish a new 10-year \$1 billion Food-Link Fund

- Canada currently has weaknesses in its food distribution systems, including limited retail grocery competition, a lack of wholesale market alternatives, limited regional

